***Welcome!***

The Post-Polio Resource Group was founded in 1985 by a group of polio survivors concerned about the then newly recognized condition called Post-Polio Syndrome (PPS).

**Our mission is to inform and help transform the lives of polio survivors with regard to our medical, emotional, social, spiritual, and other life needs --- especially as we experience the new and debilitating symptoms of PPS.**

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**What's New?**

## May 18, 2013 “Taking the Scare Out of Medicare"

**Peg Nugent, Ph.D. Medicare Trainer and Counselor for the Greater Wisconsin Agency on Aging Resources**

**Peg helps clients with Medicare concerns including drug coverage, Medicare Advantage Plans, traditional supplements(Medigap Plans), COBRA, and HIRSP. She recently cooridinated two grants to help statewide agencies enroll over 25,000 Medicare beneficiaries with lower income and assets into programs that can save them well over $50 million a year.**

**Forum Family Restaurant Luncheon**

**Check out the latest news, announcements, and additions:**

**The next luncheon at the Forum Family Restaurant will be May 16th at 1 pm. The Forum**

**Restaurant is located on Hwy 100 and Layton Ave. in Greenfield. Please call Dagmar at 414-425-5692 if you plan to attend.**

The schedule for our meetings and social outings is now online.

**Nominations for Officers** It's time to think about nominations for the PPRG Executive Board. Elections are held during odd calendar years. You may nominate yourself or someone who you
think has the skills and interest in serving. Nominations should be sent to Bill Hegge, Nominations Chair at
billhegge@hotmail.com
. Nominations are being accepted for the following positions: President, Vice-President, Treasurer, and Secretary. Elections take place at the PPRG meeting in September.

**PPRG** meets at the Sacred Heart Center in Milwaukee. The address is 1545 S. Layton Blvd. We have 4 meetings annually in April, May, September and October, unless otherwise announced.

**Listen to the story of Sister Kenny and the fight against polio.** Follow the above link to hear a streaming program from Minnesota Public Radio. The first 22 minutes take us back to her historical impact on the treatment of polio and the beginning of the
**Sister Kenny Clinic.**

**Salk Institute's website at http://poliotoday.org/** Contains videos of personal stories and expert information that can be useful to us all. Check it out, then come back here for more.

**Read a nurse's article on PPS.** The daughter of a member of the PPRG is a nurse practioner. She has published a thorough and very helpful article on PPS in the November 2005 issue of the professional nursing journal RN. It is also available to be read online at
http://rnweb.com/rnweb/article

***We're all in this together.***

**Please let other polio survivors and their loved ones know about us.**

The PPRG's web site has been online since May 1, 1997